

Stage 1: Brynmawr – Tumble. 8.37km / 5.2 miles Individual Time Trial

Stage Headquarters	Brynmawr Foundation School
Signing-On / Gear Check Opens	17:00
Signing-On / Gear Check Closes	19:00
First Rider Starts	18:21
Last Rider Finishes	20:15 (est)
Jersey Presentation	20:45 (est), Brynmawr Market Square



Rob Scott wins Stage 1, ©2016 Huw Fairclough

STAGE DETAILS:

Riders **are** permitted to use time-trial specific bikes, and wear single numbers for the time trial. Aero helmets are permitted provided they satisfy BC Tech. Reg. 8.6.1. **Remember: Timing chips are in use on this stage.**

Gear-checking will take place outside the main door of Race HQ.

Riders must have their bike gear-checked and will be issued with a counter **before** signing-on for stage 1.

Riders start at one-minute intervals. Rider start order is shown on pages 17 and 18.

Jersey Presentation: The jerseys will be awarded in the start area as soon as possible after the conclusion of the TT. Riders who have set fast times will be notified by a race official after they pass the finish line. Riders so notified will be expected to return to the start area as quickly as possible in preparation for the jersey presentation at the end of the time trial.

Location of Start: Brynmawr Market Square, approximately 2km/4 minutes easy ride from the Race HQ – **2016 riders please take note of the new start location – it's where the 'Ceremonial Start' of stage 2 was last year.**

Rider Service: Team Managers: please set up static service areas at appropriate points along the course to provide neutral service to riders. Also note that the area around the start ramp will be closed to traffic and no through-access will be possible.

SAFETY NOTES:

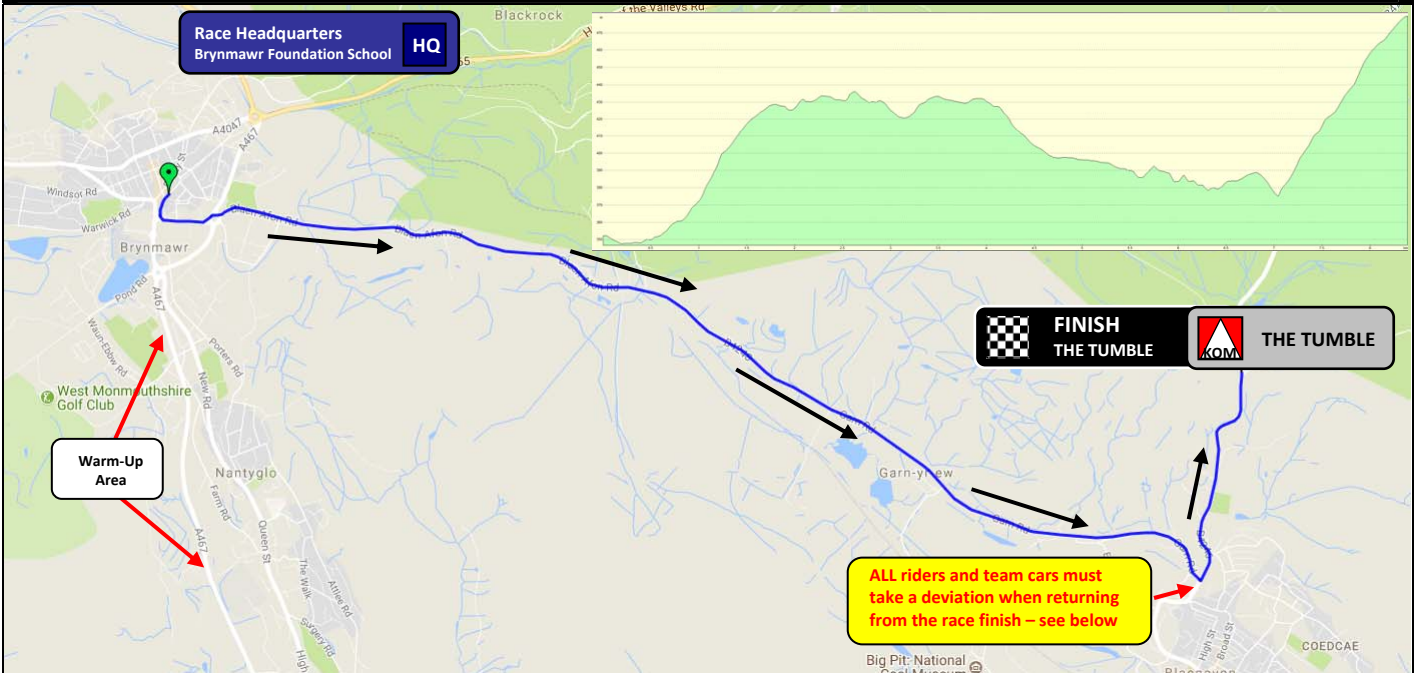
- Riders must **NOT** warm up on the course. A static warm-up/warm-down area for rollers and similar will be available in Market Square behind the start ramp and riders may also use the athletics track at Race HQ (anticlockwise only). A further on-road warm-up area on the A467 south of Brynmawr is described on the following page.
- **Take care** at the cattle grids on the course – avoid the centre of the road when crossing; there may be a gap in the middle.
- **Take care** at the left turn onto the final climb. Beware of sunken manhole covers on the inside of the bend and be careful with your line when exiting as there may be oncoming traffic: **do not** drift wide onto the wrong side of the road.
- Riders **and** team vehicles **MUST** follow the alternate route depicted later in the manual when returning from the finish area to race HQ. Do **NOT** take the (now) right-hander at the bottom of the climb.
- **No following cars are allowed during this stage.** If this is observed, the rider will be penalised.

King of the Mountains and Sprint Competitions:

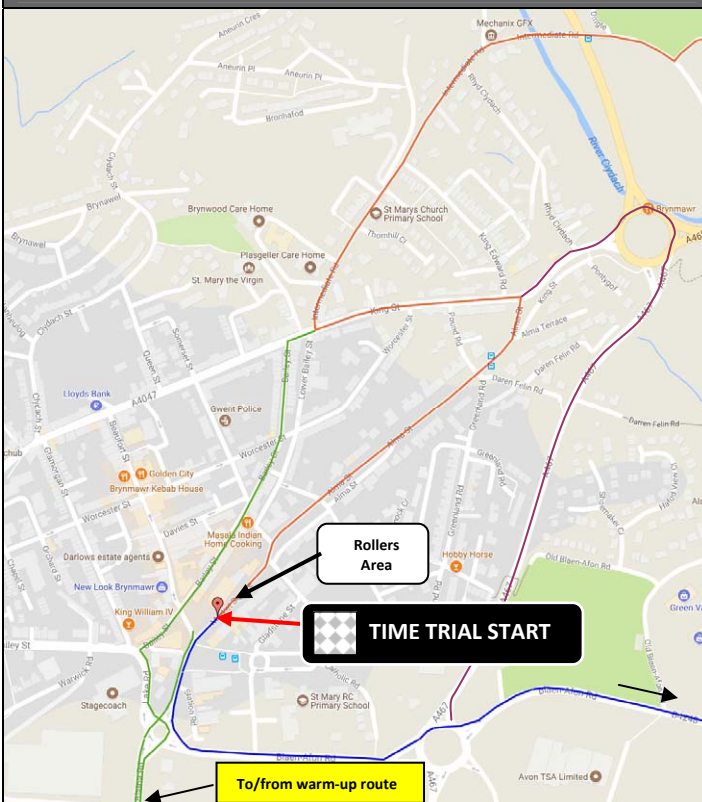
There is one hill prime. The points are awarded to the rider who completes the final climb from the left turn at 7.0 km to the finish line in the shortest time. This is a first category climb.

The green jersey will be awarded to the rider with the fastest time from the start to the intermediate timing point.

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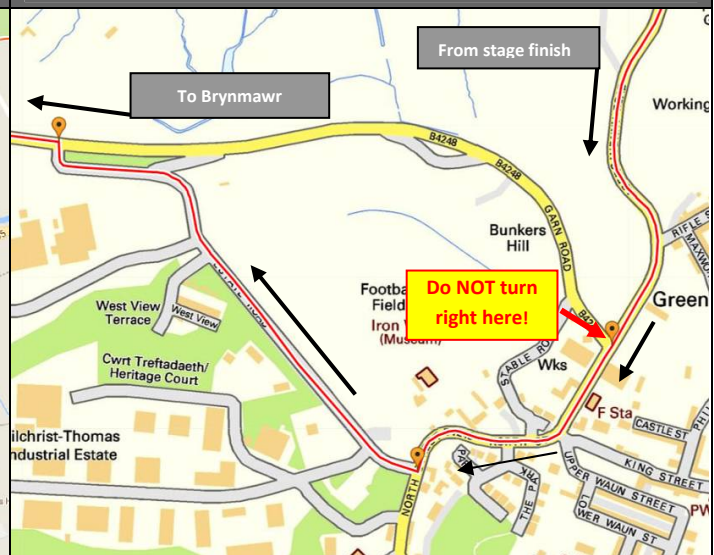
Access routes to Start and Warm-Up Area



Riders wishing to warm up on-road must take the red route out of HQ then follow the green route down Bailey Street, through the roundabouts and onto the A467 (following marshals' instructions where present). Take care – the A467 is an arterial route with often fast-moving traffic.

Team cars may follow the red route to the back of the start area when delivering/collecting rollers/riders/etc. To reach the finish of the TT course they will need to turn, head to the Brynmawr Roundabout and access the TT course via the A467 (purple route)

Deviation on return from Finish Area



When returning to Brynmawr after the time trial, riders and team vehicles **MUST** deviate so as to avoid turning right into the turn at the bottom of the climb. The suggested route is as above/below.

Retrace from the stage finish down the climb and **pass** the right turn that leads back to the start. In 360m turn right onto Estate Road (signposted Industrial Estates). Follow this road all the way up, ignoring the three left turns on the way, to where it veers left and then reaches the T-junction with the B4248, where turn left and retrace back to HQ.

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km	miles	
0.0	0.0	START: From start ramp in Market Square, Brynmawr
0.14	0.1	Turn LEFT (1 st exit) at roundabout onto B4248 dir. Blaenavon
0.47	0.29	Keep STRAIGHT ON (2 nd exit) at roundabout, continuing B4248 dir. Blaenavon
7.0	3.85	Turn LEFT at T-junction onto B4246 (direction Abergavenny) CARE at sharp left turn with manhole covers in road and danger of oncoming traffic. Start of KoM Prime Climb
8.37	4.7	FINISH and KOM Prime point at crossroads on summit of Tumble Mountain

Stage 1 Time Trial Start List

101	Craig Rogers	2nd	Birkenhead North End CC	18:21
96	Edmund Bishop	2nd	VC Meudon	18:22
105	Calum Fernie	3rd	Nottingham Clarion CC	18:23
102	Harrison Wood	2nd	Mid Devon CC	18:24
103	Matthew Lewis	2nd	Wolverhampton Whls	18:25
37	Conor Davies	2nd	Papillon-Rudyco-Janatrans Cycling Team	18:26
85	Gabriel Fowden	2nd	Pedal Power Cycles Ipswich	18:27
69	Ryan Watkins	2nd	Cardiff Ajax CC	18:28
87	Finn Crockett	2nd	Spokes Racing Team	18:29
83	Pat Sheehan		Munster Academy	18:30
39	Tom Dussek	2nd	East Midlands Region	18:31
52	Harry Cain	3rd	Equiom IOM Junior Cycling Team	18:32
60	Brad Dransfield	2nd	Bike Box Alan	18:33
72	Adam Botteley	3rd	Cycle Team OnForm	18:34
78	Breandan Flanagan		Cycling Ulster	18:35
33	Lewis Hartley	2nd	Zappi Racing Team	18:36
47	Jack Brown	2nd	Yorkshire	18:37
31	Struan Pryde	2nd	HMT with JLT Condor	18:38
27	Oliver Robinson	1st	South East Region	18:39
14	Pello Ugarte		Beste Alde La Tostadora/S.C.Duranguasa	18:40
8	Tim Shoreman	3rd	Scotland	18:41
20	Will King	2nd	PH-MAS/Paul Milnes/Oldfield ERT	18:42
17	Matthew Burke	2nd	Wales	18:43
2	Tom Knight		VC Londres	18:44
57	Michael Parry	2nd	Verulam - reallymoving.com	18:45
80	Elliot Reed	2nd	Identity Racing	18:46
55	Samuel Tillett	2nd	Giant Cycling Club - Halo Films	18:47
68	Joseph Rees	2nd	Cardiff Ajax CC	18:48
92	Joshua Sandman	2nd	Team Backstedt/Hotchillee	18:49
89	George Wharton	2nd	Spokes Racing Team	18:50
82	Ciaran O'Sullivan		Munster Academy	18:51
65	Toby Tanfield	2nd	Brother NRG	18:52
41	Joseph Laverick	2nd	East Midlands Region	18:53
94	Jamie Lloyd	2nd	Team Corley Cycles	18:54
44	Louie Priddle	2nd	Mid Devon CC	18:55
50	Daniel Scarffe	3rd	Equiom IOM Junior Cycling Team	18:56
62	Sam Walsham	2nd	Bike Box Alan	18:57
74	Bailey Wilmot	2nd	Cycle Team OnForm	18:58
77	Ethan Downey		Cycling Ulster	18:59
35	Jake Wright	2nd	Zappi Racing Team	19:00
48	James Coates	2nd	Yorkshire	19:01

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30	Georg Mew Jensen	2nd	HMT with JLT Condor	19:02
26	Toby Perry	2nd	South East Region	19:03
98	Jack Ford	2nd	WHEELBASE CABTECH JUNIOR RT	19:04
13	Txomin Munitxa		Beste Alde La Tostadora/S.C.Duranguasa	19:05
9	Sean Flynn	2nd	Scotland	19:06
16	Rhys Britton	1st	Wales	19:07
6	Joe Swinnerton	2nd	Swinnerton Cycles	19:08
4	Lewis Winfield	2nd	VC Londres	19:09
54	Anthony Anderson	1st	Sigma Sport.co.uk	19:10
70	George Kimber	2nd	Cycle Sport Dynamo	19:11
79	Michael Hall	2nd	Identity Racing	19:12
56	James Tillett	2nd	Giant Cycling Club - Halo Films	19:13
67	Daniel Maclean-Howell	2nd	Cardiff Ajax CC	19:14
91	Joshua Price	2nd	Team Backstedt/Hotchillee	19:15
86	Dylan Hughes	2nd	Spokes Racing Team	19:16
81	Denis Allan		Munster Academy	19:17
64	Matthew Dobbing	2nd	Brother NRG	19:18
40	Matthew Ellis	2nd	East Midlands Region	19:19
95	Theo Modell	2nd	Team Corley Cycles	19:20
45	Ieuan Woods	2nd	Catford CC Equipe/Banks	19:21
53	Adam Kelly	2nd	Equiom IOM Junior Cycling Team	19:22
61	Jordan Reed	2nd	Bike Box Alan	19:23
73	Kieran Jarvis	2nd	Cycle Team OnForm	19:24
76	PJ Doogan		Cycling Ulster	19:25
34	Ben Healy	1st	Zappi Racing Team	19:26
49	Alex Ridehalgh	2nd	Yorkshire	19:27
29	William Draper	2nd	HMT with JLT Condor	19:28
24	Tobias Dahlhaus	2nd	South East Region	19:29
99	William Orrell-Turner	2nd	WHEELBASE CABTECH JUNIOR RT	19:30
12	Harry Gillett	2nd	Beste Alde La Tostadora/S.C.Duranguasa	19:31
10	Stephen Dent	1st	Scotland	19:32
22	William Tidball	1st	PH-MAS/Paul Milnes/Oldfield ERT	19:33
15	Daniel Coombe	1st	Wales	19:34
3	Jacob Vaughan	1st	VC Londres	19:35
66	Brecon Burnett	2nd	Cardiff Ajax CC	19:36
58	Joe Hill	1st	Sussex Revolution Velo Club	19:37
90	Charley Calvert	2nd	Team Backstedt/Hotchillee	19:38
88	Joe Reilly	2nd	Spokes Racing Team	19:39
84	Ronan Tuomey		Munster Academy	19:40
63	William Corbett	1st	Brother NRG	19:41
38	Kieran Hotson	2nd	East Midlands Region	19:42
93	Ethan Vernon	1st	Team Corley Cycles	19:43
42	Liam Davies	2nd	Catford CC Equipe/Banks	19:44
51	Thomas Bostock	2nd	Equiom IOM Junior Cycling Team	19:45
59	Mason Hollyman	2nd	Bike Box Alan	19:46
71	Charles Page	1st	Cycle Team OnForm	19:47
75	John Buller		Cycling Ulster	19:48
36	Harry Yates	2nd	Hargroves-Ridley-Montezuma's	19:49
32	Jacques Sauvagnargues	2nd	Zappi Racing Team	19:50
46	Jamie Ridehalgh	2nd	Yorkshire	19:51
28	James Mitri	2nd	HMT with JLT Condor	19:52
25	Louis Rose-Davies	1st	South East Region	19:53
97	Harry Hardcastle	1st	WHEELBASE CABTECH JUNIOR RT	19:54
11	Mark Donovan	1st	Beste Alde La Tostadora/S.C.Duranguasa	19:55
7	Joseph Nally	1st	Scotland	19:56
19	Thomas Pidcock	1st	PH-MAS/Paul Milnes/Oldfield ERT	19:57
18	Oscar Mingay	1st	Wales	19:58
5	Jake Stewart	1st	Swinnerton Cycles	19:59
1	Fred Wright	1st	VC Londres	20:00